



None for Nine

# September 9th World FASD Day FETAL ALCOHOL SPECTRUM DISORDER (FASD)



NINE MONTHS OF NO ALCOHOL

NINE MONTHS OF NO ALCOHOL

## FASD IS 100% PREVENTABLE

### WHAT IS MIXING WITH A WOMAN DRINKING ALCOHOL, WHICH SHE IS PREGNANT?

Alcohol is a teratogen, that is **poison** to the baby's developing brain.  
If you are wanting to get pregnant or you are pregnant and want help to quit alcohol go and speak to your Doctor or Health Centre

It affects the development of the embryo and can result in a range of abnormalities from functional problems and growth deficiency, to malformation and even death.

**FETAL ALCOHOL SPECTRUM DISORDER (FASD) IS THE LEADING KNOWN CAUSE OF MENTAL RETARDATION IN WESTERN CIVILIZATION**

A child born to a mother who has been drinking will probably have Fetal Alcohol Spectrum Disorder.

Damage can occur in various regions of the brain. The areas that might be affected by alcohol exposure depend on which areas are developing at the time the alcohol is consumed.

Since the brain and the central nervous system are developing throughout the entire pregnancy, the baby's brain is always vulnerable to damage from alcohol exposure.

**THERE IS NO LABORATORY TEST THAT CONFIRMS WHETHER OR NOT A CHILD HAS FETAL ALCOHOL SPECTRUM DISORDER.**

None for Nine

None for Nine

None for Nine